



Salt Therapy Protocol

The salt therapy rooms have a completely sterile and truly delicate environment that requires responsible and respectful conduct at all times. Please follow the following guidelines to fully take advantage of the therapeutic effects of inhaling the dry salt aerosol.

General

1. Arrive 20 minutes prior to your session time as you will be asked to fill out client forms: Info Sheet. Adult or Info Sheet. Family. This is only required on your first visit to the Salt. The Natural Spa. If you are a returning customer, please arrive 10 minutes prior to your session.
2. Refrain from wearing perfume, cologne, lotions or heavy scents when coming in for salt therapy.
3. Wear comfortable clothing.
4. Use the restroom prior to your session
5. Wash hands prior to your session
6. Wear the provided foot covers or bring a fresh clean pair of socks to wear.
7. Set your electronic devices on silent mode and no flash photography.
8. Take care of your valuables, they may get buried in the salt.
9. Do not exit the salt therapy room once a session has started, unless it is an emergency.
10. Do not disturb clients who have started a treatment session.
11. Do not enter the salt therapy room with food or drinks.
12. Drink plenty of water following your salt therapy.
13. Bring your inhaler, if you use one.
14. Avoid using salt therapy, halotherapy, during the acute or contagious phase of any illness, including the following: colds, flu, infections accompanied by fever, acute active tuberculosis, cardiac insufficiency, COPD in the third stage, bleeding, spitting of blood, alcohol or drug intoxication, unstable or uncontrolled hypertension, and acute stages of respiratory diseases.

Additional guidelines for children

1. Presence of a guardian in the premises is required for a minor (under 18 years of age).
2. Children under the age of 8 must be accompanied by a complementary adult in the therapy room.
3. Children that are not fully potty-train need to wear diapers.
4. Children must not touch walls or throw salt.
5. To maintain the spa atmosphere, children are only permitted in the premises when having a service. For safety reasons and insurance purposes, no infant or child may accompany an adult while the adult is having a service. We want to assure the relaxation of our guests. Your understanding is greatly appreciated.

Cancellation policy

Your appointment time has been reserved especially for you and if you need to change your appointment. We kindly ask that you give us a 24 hour notice when canceling your appointment.